

Sexual Health/Teenage Pregnancy Training Brochure 2009/10

For professionals working with
Young People across Bedfordshire

How do I book myself on a course?

1. Choose a course appropriate to your role.
2. Complete the Training Course application form which can be found at the back of this booklet
3. Ensure the Training Course application form is signed by your Line Manager.
4. Send the form FAO: Project Support Officer (Sexual Health & Teenage Pregnancy) at the address or e-mails below.

What happens next?

1. Your place will be reserved on the relevant training course (only if it is signed by your Line Manager)
2. Confirmation letters will be sent to you approximately two weeks prior to the training course
3. Courses are free to Bedfordshire agencies, however a **CANCELLATION FEE OF £50** will be charged for candidates who fail to advise 2 weeks prior of non-attendance.
4. If a course is not full two weeks prior to the course date, places will be made available to those working outside Bedfordshire at a charge of £50.

Cover costs

All these courses are **FREE OF CHARGE** to Bedfordshire agencies, however, possible cover costs are available for teachers and practice nurses working within Goldington, Castle, Kindsbrook, Cauldwell, Houghton Hall and Parkside wards.

Contact details

Please return your form to Project Support Officer (Sexual Health & Teenage Pregnancy).
Unit 3 Doolittle Mill, Froghall Road, Amptill, Beds., MK45 2NX
Tel: 01525-636732
e-mail: vicki.francis@bedfordshire.nhs.uk or charlotte.jackson@bedfordshire.nhs.uk



Course Title - **Delay - R U Ready?**

Course Date - 21st October 2009 and 28th January 2010
Course Time - 9.30am - 4.30pm
Course Venue - Marston Vale Forest Centre


Course Facilitator - Charlotte Jackson

Course Aim - To develop the skills of professionals working to help young people and to understand why early sex occurs

- Look at the causes and effects of early sex and current research findings
- Help participants understand the role played by the media and peer pressure in early sex
- Explore a range of practical ways of working with young people to help them make positive and healthy decisions for themselves
- Help participants gain skills to hand on to young people in how to say 'no' and resist pressure.
- Focus on alternatives to having sex
- Consider the role played by friendships and supportive adults and professionals in supporting "R U Ready?"
- Offer a space to share methodologies and insights drawn from our own experience and practice
- Consider and clarify the values we bring to this work

Applicable to:

PHSE Advisory teachers, school nurses, healthy schools coordinators, health educators, Connexions personal advisors, youth workers, boys and young men workers, social workers, looked after care workers, suerstart/plus workers, teenage pregnancy workers.



Course Title - **Sex, Law and Policy**

Course Date - Wednesday 7th October 2009 and 20th January 2010
Course Time - 9.30am - 4.30pm
Course Venue - Marston Vale Forest Centre


Course Facilitator - FPA (The Family Planning Association)

Website - www.fpa.org.uk

Course Aim - The purpose of this course is to clarify and explore the law relating to sex, especially the Sexual Offences Act 2003, and the content in which the law applies.

Applicable to:

Undercover condom distributors, chlamydia screeners in Bedfordshire, specialist teenage pregnancy workers, Connexions personal advisors, youth workers and children's information service workers, health visitors, midwives, surestart workers, YOS workers and looked after children workers.





Course Title - Abortion - Decisions and Dilemmas

Course Date - 18th November 2009 and 18th February 2010

Course Time - 9.30am - 4.30pm

Course Venue - Marston Vale Forest Centre

Course Facilitator - Education for Choice

Website - www.efc.org.uk



Course Aims:

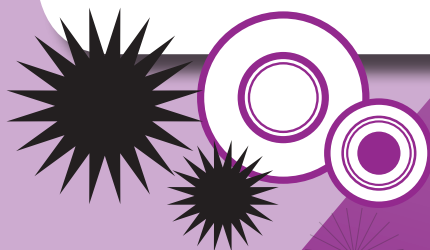
- To raise awareness and understanding of teenage pregnancy and abortion so that professionals can facilitate constructive discussion of the issues and equip young people to make and act on informed choices
- To enable practitioners to provide clear information and supportive advice about abortion to young people
- To facilitate reflection of personal attitudes and values and how they impact on professional practice

Course Objectives:

- Be able to explain the importance of addressing abortion with young people and professionals
- Have considered their own and others view points on pregnancy and abortion and reflected on how these might influence their work with young people
- Be netter able to take a client focus
- Be able to use a range of exercises to facilitate discussions of abortion with young people in group education/work
- Feel more confident in delivering abortion education within sex and relationships education
- Understand key policies relating to young people
- Know about abortion provision and understand abortion in relation to physical and emotional

Applicable to:

PHSE Advisory teachers, school nurses, healthy schools coordinators, health educators, Connexions personal advisors, youth workers, boys and young men workers, social workers, looked after care workers, suerstart/plus workers, GPs, teenage pregnancy workers.





Course Title - Undercover & Sexual Health Training

Course Dates - 29th September 2009, 19th November 2009, 11th January 2010 and 24th March 2010.

Course Time - 10:00am - 4.00pm

Course Venue - Marston Vale Forest Centre

Course Facilitator - Vicki Francis/Judy Benns

Website - www.under-cover.org.uk



Course Aim:

To provide staff with an overview of young people and sexual health issues (including Chlamydia Screening) and to ensure that staff who are engaging in the Undercover distribution scheme can competently distribute condoms to young people in Bedfordshire.

Course Objectives:

By the end of the course participants will:

- Have undertaken an introduction to Undercover training
- Be able to give information on Chlamydia Screening – transmission, signs and symptoms, testing, treatment and partner notification.
- Be able to raise awareness of the National Chlamydia Screening Programme.
- Have a basic understanding of Sexually Transmitted Infections.
- Have knowledge to show a young person how to use a condom correctly.
- Understand the Fraser Guidelines and Sexual Offences Act 2003.
- Have knowledge to signpost young people to sexual health services.

Applicable to:

Staff working with young people who wish to be part of the Undercover scheme and distribute condoms as part of their role, i.e. Teachers, Youth Workers, YOS workers, Childrens Centre Staff, Community Staff, Connexions Personal Advisors.



TRAINING APPLICATION FORM

Name _____

Job title _____

Organisation _____

Organisation address _____

Work telephone number _____

Work e-mail address _____

I wish to book a place for myself on the following training course:

Course title _____

Course date _____

How do you intend to use this training in your current role?

Your signature _____

Date form completed _____

I confirm that the above member of my staff may attend the above training course. I confirm that should my member of staff fail to attend the training course without notifying a member of the Sexual Health Improvement Team, NHS Bedfordshire on 01525-636928, my department will be charged the sum of £50.

Line Manager signature _____

Title _____

Print name _____

Contact details _____

Date _____

Return to: Sexual Health Team, NHS Bedfordshire,
Unit 3 Doolittle Mill, Froghall Road, Ampthill, Beds., MK45 2NX

Funding for this training has come from SHA.

